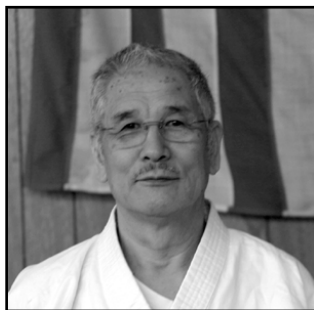


Sugiyama Dojo



Invites You To a Special Training Clinic
at JKA Chicago With

Sensei Shojiro Sugiyama

Chief Instructor JKA Chicago & Founder of Kitoh Shotokan
and

Sensei Borden Plunkett

Head Instructor Japan Karate Association North Iowa



Advanced Level Kata Instruction
Kanku Dai

with
Mary Lou Ramano
July 16 -18, 2010

Tentative Schedule

Friday (July 16)	7:15 - 8:30	Plunkett Sensei	Kihon
Saturday (July 17)	12:15 - 2:00	Sugiyama Sensei	Ki Energy
Saturday (July 17)	4:15 – 6:00	Ramano	Kata
Sunday (July 18)	TBD	Plunkett	Kumite

Cost

\$40 for entire Clinic

\$20 per Session

Qualification

Green belt & above
Or Instructor's
permission



Contact Michael Arab at (773) 472-2244 or email Greg Winston at glwinston@jkachicago.com

For more information and directions please visit www.jkachicago.com
JKA-Chicago 853 W. Belmont Avenue Chicago, IL 60657 (773) 472-2244